



The Urbandale Food Pantry is a collaborative community effort to reach out to our neighbors to provide food assistance with dignity and compassion.

Name: _____ Date of Birth: _____

Address: _____

City, State _____

Phone Contact: _____

E-Mail Address: _____

Social Security Number _____

Emergency Contact Person: _____

Phone: _____ Relationship: _____

Have you ever been convicted of a crime? No Yes

If yes, please explain: _____

All volunteers must read the *Urbandale Food Pantry Volunteer Policies* and complete the *Civil Rights Training* before their first day of volunteerism. Volunteers will be asked to sign a waiver stating they read and understood these policies on their first day at the Urbandale Food Pantry. Policies and training can be found on the Urbandale Food Pantry's website www.urbandalefoodpantry.org

Food Pantry Volunteer

Please mark day(s)/shift(s) that work for you.

_____ Monday, 9:15-12:00

_____ Monday, 12:00-2:00

_____ Monday, 2:00-3:30

_____ Monday, 3:30-5:15

_____ Monday, 5:15-6:30

_____ Tuesday, 9:15-12:30

_____ Tuesday, 12:30-3:30

_____ Tuesday, 3:30-6:30

_____ Wednesday, 9:15-12:30

_____ Wednesday, 12:30-3:30

_____ Wednesday, 3:30-6:30

_____ Thursday, 9:15-12:30

_____ Thursday, 12:30-3:30

_____ Thursday, 3:30-6:30

_____ Saturday, 7:45-10:00

_____ Saturday, 10:00-12:00

Please mark how many times a month you would like to volunteer

_____ Once a month

_____ Two times a month

_____ Three times a month

_____ Four times a month (once a week)